

## **COVID-19 – Re-opening Documentation**

### **Athletics- Participant Protocols**

#### **PRIOR TO YOUR SESSION**

1. Any participant displaying any COVID-19 symptoms (as outlined by public health at the time), or those who have returned from travel to another region (where the activity is not yet permitted)/province/country within the last 14 days, may not enter a SUPERDOME facility
  - ➔ Information regarding an individual's health should never be disclosed beyond only those staff or volunteers who need to know. The name(s) of any person(s) diagnosed with COVID-19 should NEVER be disclosed.
  - ➔ If a participant is experiencing symptoms or feeling unwell, they should not attend a scheduled activity. Instead, please contact your club/association/development provider to discuss options to attend a replacement activity when safe to do so.
  - ➔ Participants with seasonal allergies or other underlying conditions (e.g. Asthma) which may cause some symptoms consistent with COVID-19 to be displayed (e.g. cough, runny nose, etc.) should notify program staff in advance and follow safety protocols (cough into arm, not hands). Where possible, user groups should ask for this information at time of registration.
2. There will be a single dedicated entrance and separate exit for all participants (consult pre-activity information provided by the user group) note: entry to the dome will include a revolving door, Facility staff will ensure safe traffic flow during set times prior and after each session and sanitize as required.
3. Facility access will be restricted to 15 minutes prior to scheduled start time. Do not attempt to enter the facility early. Access will be denied. Late arrival may mean delays as facility staff ensure safe traffic flow during set times before and after each session.
4. Everyone who enters the SUPERDOME for any reason, must wear a mask. Participants may remove their mask immediately PRIOR starting their field activity. The only exception to this rule is for patrons under the age of 2.
5. Participants are asked to ensure they have used washrooms at home, as access to washrooms before, during, or after an activity will be available but limited.
6. Water bottles must be filled at home. Sinks/fountains are not accessible for this purpose.

7. Every participant are asked to sanitize their hands prior to entering the facility and are encouraged to carry their own hand sanitizer when inside the facility to reapply as needed.

8. Participants arrive fully dressed for their activities, other than:

- a. Indoor shoes (Field sports)
- b. A small duffle bag or other, only large enough to contain gear not yet worn.

9. There will be a designated area (sidelines) provided for each participant. It is understood the coach/ team support staff will assist individuals that require assistance getting ready.

- a. Players will be permitted to leave their outdoor footwear at their designated area (sideline area) provided during an activity.

10. Participants must adhere to physical distancing requirements at all times.

11. The Coach/Team support staff will come and get players and any parents when they are permitted to leave the designated area to come onto the playing surface.

**12. Warm-ups will not be permitted inside the facility (running, jogging, or any physical exertion of any kind). Should participants require a warm-up before their activity, they must do so in advance of entering the facility while adhering to physical distancing requirements.**

13. Players are not permitted to share gear with others unless they are from the same household (e.g. another player forgets jersey, etc.)

14. Participants must adhere to any additional safety guidelines issued by their sport-specific governing body, or club/association.

15. All participants, must appear on the team/group roster for the date and time of the field session. (See your organizer)

**Athletics staff will be screened upon entry (group-assessment via link/form must be completed prior to the session and arrival to the facility).**

16. Program staff or user group lead will retrieve participants and guide them into activity.

**DURING YOUR SESSION**

1. A maximum number of participants (including coaches) will be enforced at all times.
  - a. Field: A maximum number of persons/field will be permitted on the playing surface at any one time and will be based on the most current public health restrictions.  
(this number will be expanded or reduced per public health guidance)
  - b. For programs involving minors, a minimum of one capable adult supervisor/coach must be included in numbers above, and on the playing surface at all times.
2. All activities must be designed to ensure physical distancing as required by the appropriate governing bodies.
  - a. There is a zero-tolerance policy for violation of physical distancing requirements. Any participant who fails to adhere to physical distancing requirements will be required to immediately leave their activity (no refunds).
  - b. For minors, a parent/guardian or team support staff member acting as such must be available at all times who is able to receive them at the conclusion of the session or if the participant must leave for any reason during the session outside the facility. NO in and out privileges will be granted.
3. Any player who becomes ill or exhibits possible COVID-19 symptoms during an activity, must immediately stop, leave the playing surface, and wear a mask until they are able to leave the facility (as soon as possible). Coaches/adult supervisors must report this as an incident to facility management and their club/association, along with any action taken.
4. No spitting (including rinsing mouth with water) or blowing nose without a tissue or paper towel. Participants who violate this will be immediately required to leave their activity (no refunds). A full sanitization of the area will occur if any of the above happens.
5. Participant water bottles must be clearly labelled with names and left in the designated area.
6. Equipment must be worn at all times.
7. Participants must not touch equipment other than that which is permitted by activity staff. Where required, cones, and other gear should be moved using a gloved hand.
8. Equipment which is intentionally in contact with a participant during training (e.g. balls, pylons, etc.), must be sanitized prior to being used by another participant.

### **AFTER YOUR SESSION**

1. Coaches will indicate session end times to all participants. At the end of each session:
  - a. Participants must STOP and maintain their distance from all others, return to sideline and collect outdoor footwear and change (e.g. remove indoor shoes, etc.), reapply mask. Wait for exiting directions.
  - b. Participants will be directed when and where to exit the playing surface. Exit from the sideline.
  - c. Participants must maintain physical distancing as required and immediately leave the facility through dedicated exit. Participants may not remain in facility as spectators or to converse with other facility patrons.
  - d. Anyone who has a child in a subsequent session, must exit and re-enter to follow all pre-activity protocols for each participant.
2. Water bottles must be washed/sanitized after every use.
3. It is highly recommended that players will wash outer gear (jerseys, socks etc.). It is also highly recommended that, and any other personal items which have been used, be sanitized using a method appropriate for the items.
4. Participants should put their mask back on, prior to exiting their assigned field, and subsequently, the building.

***Facility exit access will be restricted to 5-15 minutes after your scheduled start time. Your team is to follow facility protocols for exiting. Your group will be directed as to when to exit the facility as a group by a facility staff member.***

6. Facility staff will ensure safe traffic flow during set times prior and after each session.